



Vista Grande High School | Spartan P.R.I.D.E – December 2021

Message from the Principal

I hope all our Spartan Families had a great Thanksgiving Holiday. As we head into the last 3 weeks of the 1st semester, I encourage all our students to have conversations with their teachers about what they can do to improve their grades. Good luck Spartans, finish the semester strong.

Congratulations to the Senior Class for winning No Tardy November by a narrow margin over the Freshmen class. This was the first year of No Tardy November at Vista Grande and we hope to continue using this competition to promote arriving to school and classes early, because if you are early, you're never late. This life lesson will be extremely beneficial for our Spartans when they leave our campus and enter the real world.

Sincerely,
Ms. Beechum
Interim Principal

Important Dates/Announcements

Early Release: 12/1, 12/8

Finals (no students are to be called out of classes on these days): 12/16 and 12/17

Winter Break: 12/20 – 1/3

December-21						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Monthly VGHS Quiz

Answer the questions below and send your responses to jwalther@cquhsd.org for a chance to win prizes! Prizes will be awarded to VGHS students only.

1. Which of these staff members was Valedictorian of their graduating class?

- a. Mr. Stuart
- b. Mrs. Jimenez
- c. Mr. Danzy
- d. Mrs. Salcido-Grigg

2. Which class won No Tardy November?

- a. Freshmen
- b. Sophomore
- c. Junior
- d. Senior

3. Who is the Boys Basketball Coach?

- a. Mr. Bias
- b. Mr. Kashner
- c. Mr. Amorosolo
- d. Mr. Roberts

4. Which university's main campus is located in Tucson, Arizona?

- a. Arizona State University
- b. Northern Arizona University
- c. University of Arizona
- d. Ottawa University

5. Which administrator coached the Coolidge High School football team?

- a. Mr. Danzy
- b. Ms. Beechum
- c. Mr. Pierce
- d. Mrs. Cole

6. How many absences until you receive "No Credit" in 2nd semester?

- a. 3 absences
- b. 5 absences
- c. 9 absences
- d. 10 absences

**November Quiz
Winner: Bryce
Normile**

New Attendance Policy

Beginning January 4th, 2022, a new attendance policy will be implemented by the Casa Grande Union High School District. The goal of this policy is to encourage and promote student attendance to better prepare our students for success in college and the workforce. Please take some time to review some of the changes below:

- U Code: Unexcused Absence
- AT Code: Student arrived in class 10 or more minutes late.
- Lunch detention will be assigned to students caught skipping classes or having 3 or more unexcused absences.
- After School detention will be assigned to students caught skipping class or having 3 or more unexcused absences.
- Students who need to leave school early must notify the school the morning of the dismissal. This will make the process of getting students out of class and to the front office faster.
- Passes for students to be dismissed during the school day **will not** be issued during the following times:
 - Lunch Periods (11:40 – 12:10 and 12:40 – 1:10)
 - 35 minutes before the end of the school day
 - After 1 p.m. on Early Release Days
 - Any exams (unit, semester, district, state, or national.)
 - Pep Assemblies
- Students who are absent 9 or more times in any class will receive an NC (No Credit) label in their PowerSchool signifying the student has lost credit in the class, no matter what the grade is.



FAFSA Completers!

A collage of six photos of students holding yellow signs that say "I COMPLETED MY FAFSA". To the right of the collage are three gold coins.



Staff Spotlights

Mrs. Rodriguez

What is your position at Vista? Attendance Clerk

How long have you worked in education? 5 years

Where did you grow up? Casa Grande, Arizona, and E Town

One thing you could not live without. Besides my family? Coffee!!

All-time favorite TV show or movie? The Office

If you were not working in education, what job would you have? Hospitality Management

Where is your dream vacation? Italy and The Maldives

You can only eat one food for the rest of your life, what is it? My mom's beef stew



Ms. Ruiz

What is your position at Vista? Attendance Clerk II, previously the ESS department.

How long have you worked in education? I have worked in education since 2018

Where did you grow up? I was born and raised in Casa Grande, my parents still live in the same house I grew up in.

One thing you could not live without. Washing my hair, they say not to do it every day, but I cannot help it! Another thing would be talking to my family. We are very close, and I could not live without them.

All-time favorite TV show or movie. Dateline, anything on the Oxygen Channel (True Crime)

If you were not working in education, what job would you have? I would work in healthcare.

Where is your dream vacation? I would love to take a road trip to all the Seven Wonders of the United States. Seeing history is amazing.

You can only eat one food for the rest of your life, what is it? This is a hard question, but I think I would choose steak. I can make different dishes out of it so I wouldn't get tired of it.

Mrs. Rodriguez

What is your position at Vista? Guidance Clerk

How long have you worked in education? 5 years.

Where did you grow up? Hillsdale, Michigan

One thing you could not live without. My family (especially my boys and husband.)

All-time favorite TV show or movie. Elf and Christmas Vacation

If you were not working in education, what job would you have? Forensics Scientist

Where is your dream vacation? Italy

You can only eat one food for the rest of your life, what is it? Fettuccine Alfredo with Chicken



Mrs. Blunk

What is your position at Vista? School Psychologist

How long have you worked in education? 18 years

Where did you grow up? Yuma, Arizona

One thing you could not live without. Husband

All-time favorite TV show or movie. Freeway

If you were not working in education, what job would you have? Doctor/Physician

Where is your dream vacation? Figi

You can only eat one food for the rest of your life, what is it? Peanut Butter Cups



VGHS Athletics:

December Sports Schedules

Boys Basketball

12/2 - @ Pusch Ridge
12/6 - @ Youngker
12/9 - @ Estrella Foothills
12/10 - @ Tempe High
12/11 - vs. Pueblo Magnet @ CGU
12/14 - @ Marcos de Niza
12/15 - @ Saguaro
12/20 - 4th Annual Boys Central AZ Classic Tournament

Girls Basketball

11/30 - @ Pusch Ridge
12/1 - @ Youngker
12/7 - @ Pueblo Magnet
12/17 - 1st Annual Girls AZ Holiday Classic Tournament

Boys Soccer

12/2 - @ American Leadership Academy-QC
12/7 - vs. Marcos de Niza
12/9 - @ Tempe High
12/28 - Bohdie Larson Celebration Classic Tournament

Girls Soccer

12/6 - @ Santa Cruz High School
12/7 - @ Marcos de Niza
12/9 - vs. Tempe High
12/16 - vs Seton Catholic Prep

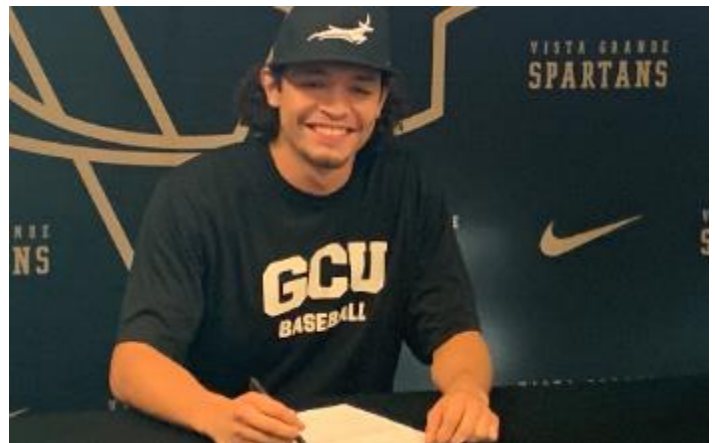
Wrestling

12/1 - vs. McClintock, Betty H. Fairfax, and Casteel @ Fairfax
12/8 - vs. Salpointe Catholic, ALA QC @ Vista Grande HS
12/17 - vs. Santa Cruz, Coolidge, Florence, and CGU @ Coolidge

National Signing Day at Vista Grande High School

Congratulations to Selena Perez (left) on her commitment to play NCAA Division I sports next year. Selena signed her letter of intent to play Softball (Shortstop) at the University of Pacific in Stockton, California.

Congratulations to Emilio Barreras (right) on his commitment to play NCAA Division I sports next year. Emilio signed his letter of intent to play Baseball (Shortstop) at Grand Canyon University in Phoenix, Arizona.



Student Wellness Center

MAKE SLEEP A PRIORITY

Decide what you need to change to get enough sleep to stay healthy, happy, and smart

No pills, vitamins or drinks can replace good sleep. Consuming caffeine, chocolate, alcohol and nicotine close to bedtime can hurt your sleep



A consistent sleep schedule will help you feel less tired

Don't leave your homework for the last minute. Try to avoid the TV, computer and telephone in the hour before you go to bed.



Don't eat, drink, or exercise within a few hours of your bedtime



Try keeping a to-do list before you go to sleep, you'll be less likely to stay awake worrying or stressing.



Naps only help if they aren't too long or too close to bedtime



Most teens experience changes in their sleep schedules. Make sure your activities at night are calming to counteract your already heightened alertness.



Keep the room cool, quiet and dark

