

Menu for Monday 5/18 - Sunday 5/24

Monday Breakfast: Muffin, String Cheese, Fruit and Milk

Monday Lunch: Hot Dog, Goldfish, Fruit and Milk

Tuesday Breakfast: Strudel, Fruit and Milk

Tuesday Lunch: Deli Sandwich, Fruit and Milk

Wednesday Breakfast: Breakfast Cookie, Fruit and Milk

Wednesday Lunch: Grilled Cheese, Graham Crackers, Fruit and Milk

Thursday Breakfast: Pancakes, Fruit and Milk

Thursday Lunch: Cheeseburger, Fruit and Milk

Friday Breakfast: Cereal, Fruit and Milk

Friday Lunch: Turkey Wrap, Fruit and Milk

Saturday Breakfast: Cereal Bar, Fruit and Milk

Saturday Lunch: Chicken Salad Sandwich, Fruit and Milk

Sunday Breakfast: Muffin, Cranberries and Milk

Sunday Lunch: Uncrustable, Fruit and Milk

Chartwells

Heat and Eat Meals

There is a portion of the meal that has been provided, that is best when served hot. Heat the applicable part of the meal in the Microwave Oven, Conventional Oven, or on the Stovetop to 160 degrees Fahrenheit. All food contained in the package(s) have been cooked and cooled, with the exception of the vegetables. The meal has been stored cold. Keep refrigerated until you are prepared to "Heat and Eat".

WARNING- Cold food items need to be kept refrigerated and or held below 40 degrees Fahrenheit to ensure safety

Hay una porcion de la comida que se ha proporcionado, que es mejor cuando se sirve caliente. Caliente la parte correspondiente de la comida en el horno de microondas, horno convencional en la estufa a 160 grados Fahrenheit. Todos los alimentos contenidos en el (los) paquete(s) se han cocinado y enfriado, a excepcion de las verduras. La comida ha sido almacenada fria. Mantenga refrigerado hasta que este preparado para "calentary comer".