

EMPLOYEE ASSISTANCE PROGRAM [EAP] & WORK-LIFE SERVICES

Achieving balance through total well-being and support

COUNSELING

- Stress, anxiety, depression
- Loss and grief
- Marital/Relationship
- Family Issues
- Work Related Concerns
- Substance abuse

CHILD CARE

- Choosing Child Care
- Summer/Holiday Care
- Special Needs Child Care
- Community Resources

ADULT CARE

- Care for Older Adults
- Special Needs Adult Care
- Medicare and Medicaid
- Caregiver Support

PARENTING

- Adoption
- Pregnancy and Infertility
- Talking to Teenagers

EDUCATION

- K-12
- Colleges and Universities
- Financing
- GED/Vocational
- Tutors and Test Prep

DAILY LIVING

- Travel and Recreation
- Dining and Entertainment
- Consumer Issues
- Pet Care
- Community Resources
- Health and Wellness

CAREER

- Skill Building and Career Training
- Stress Management
- Co-Worker Relationships
- Transition and Relocation

SERVICE OVERVIEW

Your employer recognizes the challenges of balancing work with everyday life. That's why you and your family have access to assistance provided by your Employee Assistance Program [EAP]:

- *A complementary component to other employee benefits*
- *Provides professional consultation and referral*
- *Accessed by phone, e-mail, instant message, or website*
- *Available anytime, any day*

SPECIAL FEATURES AND BENEFITS

In addition to live support, the following special features and benefits are also available:

- **Legal Assist**, a free half-hour consultation with an attorney on most legal issues. Discounted rates might be available if further legal representation is required
- **Financial Assist**, a free telephonic consultation with a financial professional
- **ID Theft Prevention and Recovery**, a free telephonic consultation with an ID theft professional. Also provides free registration to the online monitor program, Control Your ID
- **LiveCONNECT**, a feature that allows you to instant message a Consultant
- **Savings Center**, where you can shop name-brands at discounts of up to 25%
- **Financial and Daily Living Calculators**, for a variety of practical applications
- **Lifelines**, a quarterly newsletter with information on topics for your daily life

ACCESS IS EASY

No matter when, no matter where, you and your family have access to professional support. Call or log on to get started:

TOLL-FREE:

800-327-3517

LOCAL:

602-264-4600

WEBSITE:

www.eappreferred.com

USERNAME:

PASSWORD:

eappreferred

This is a **free benefit** from your employer and it's **completely confidential**

