

CONFIDENTIAL SERVICES FROM EAP PREFERRED

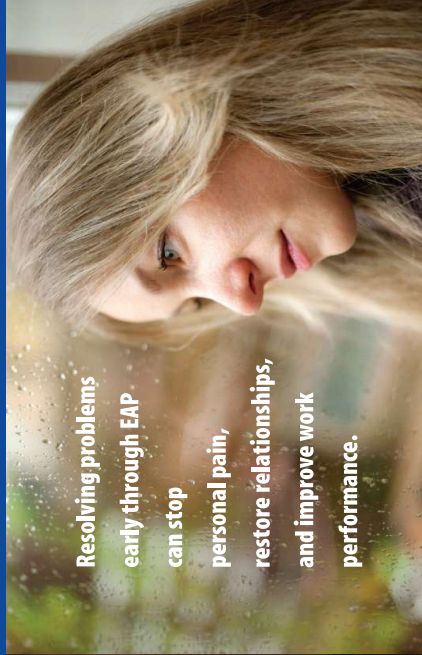
LOCAL COUNSELING AND HELP WITH LEGAL AND OTHER NEEDS

EMPLOYEE ASSISTANCE AND WORK-LIFE SERVICES

COUNSELING NEAR YOUR WORK OR HOME

HELP FOR WORK AND HOME

HELP FOR YOU AND YOUR FAMILY



Resolving problems early through EAP can stop personal pain, restore relationships, and improve work performance.

Your employer has contracted with EAP Preferred to provide the Employee Assistance Program [EAP]. EAP Preferred is an independent firm and does not report personal information to the employer.

The EAP can help resolve problems early to stop personal pain, restore relationships, and improve work performance.

The EAP responds to emergencies 24 hours/7 days/ live. Standard counseling appointments can be made Monday to Friday, 8:00 AM to 5:00 PM.

The EAP is uniquely qualified to assist you and your family to correct situations that interfere with your work and home life. The EAP provides clinical counseling for problems for which many people have no other help, while Work-Life Services help with other critical issues, legal, financial, ID theft recovery, elder care and child care, education, and housing.

**Live Support: 24 Hours/7days /Live:
1-800-327-3517 or 602-264-4600
TTY: 1-800-367-8939**

Website: www.eappreferred.com

Work-Life Services: www.eappreferred.com;
requires unique username and password

EMPLOYEE ASSISTANCE WORK-LIFE SERVICES

A free benefit from your employer, provided by EAP Preferred



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EMPLOYEE ASSISTANCE AND WORK-LIFE SERVICES

PROFESSIONAL CARE YOU CAN TRUST

HELP EVERYWHERE FOR EVERYONE

HELP FOR LIFE'S PROBLEMS

Your EAP offers free help for work and personal problems. You and your household members can use the program to improve your lives.

The EAP covers a wide range of issues that affect how you work and live, among the topics are:

Clinical

- Stress, anxiety and minor depression
- Marital/relationships
- Child and adolescent
- Family matters
- Substance abuse
- Grief and loss
- Workplace conflicts
- Balancing work and personal life

Free clinical sessions per problem per year (number determined by your employer)

Work-Life

- Legal issues
- Financial consultation
- Consumer rights and resources
- ID theft recovery
- Child care (pre- and after-school)
- Elder care (most services)
- Daily living subjects
- Health and well-being
- Disability and illness
- Website for all topics

Legal services include free 30 minute consultations with local attorneys and a 25% discount on their fees.



FAST APPOINTMENT SCHEDULING

AVAILABLE WHEN & WHERE YOU NEED IT

We need to be prepared for the ups and downs of life. Most of us develop ways to cope with those changes. But sometimes changes come faster and harder than we can deal with; that is uncomfortably normal.

For those times, you need guidance from a professional you can trust, someone who cares about you. That's the EAP. Confidential advice when you need it most. Short term, focused therapy from the EAP helps you regain your life balance, helping you to operate at your best.

A free benefit from your employer, provided by EAP Preferred



EMPLOYEE ASSISTANCE PROGRAM & BEHAVIORAL HEALTH SERVICES
CONSISTENT QUALITY • CONSTANT VALUE

Confidential, no-cost counseling
Assistance in resolving problems
Referrals to appropriate resources
Emergencies and follow-up care

602-264-4600 • Outside Maricopa County **1-800-327-3517**

- Press 2 for scheduling, Monday - Friday 8 am - 5 pm
- Press 5, after hours and weekend emergencies



EAP PREFERRED