

CGUHS

Cougar News

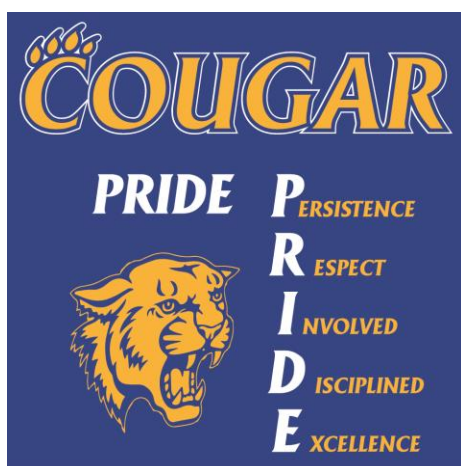
August 10, 2021

Welcome Back

Principal's Welcome

We are extremely excited to be back in-person with our students. It is going to be an amazing year! Our staff have been working hard to ensure we have a great learning environment for each of our students.

We encourage each of our students to come prepared and to be engaged in each of their classes. We know that we see increased academic success when students show Cougar PRIDE:



Let's show our PRIDE this year Cougars!!!

Sincerely,
Brian Mabb
Principal

“Important achievements require a clear focus, all-out effort, and a bottomless trunk full of strategies. Plus allies in learning.”

- Carol Dwek



Meet the Teacher Night

Thursday, August 12th from 5 to 7pm

[Bell Schedule](#)

[Microsoft Word - CG-BellSchedule-20210713 \(cguhsd.org\)](#)

[2021-2022 Calendar](#)

[Microsoft Word - @2021-2022 Academic Calendar \(05042021\) \(cguhsd.org\)](#)

Freshmen Orientation

Link Crew Welcomes Freshmen

Our Freshmen (The Class of 2025) were welcomed this year with a special freshmen orientation sponsored by our Link Crew club. Link Crew is a group of trained junior and senior students who serve as peer mentors to our incoming freshmen.

Link Leaders were trained last spring and over the summer on team building and mentoring. Our kick-off event was incredible. Link Leaders will be following-up with our freshmen throughout the year with a variety of different activities to support students social/emotional needs and academic needs. Thank you Link Leaders and advisors for welcoming our new Class of 2025!!!



Attendance Matters

Attendance Awareness Month is September, but the campaign to end chronic absence starts now! It's a bigger problem than you probably think. Learn more about chronic absence and join the Attendance Awareness Campaign today!
<http://bit.ly/1oqfID7>

Meet the Teacher Night

Thursday, August 12th, 2021

5:00 to 7:00 pm

We are excited for the start of the new school year and would like to welcome each of you to Casa Grande Union High School. We have had a wonderful start and we are looking forward to continuing to work with each of our students.

Meet the Teacher Night will take place both virtually and in-person this year. You are invited to attend either modality together with your son/daughter. You can access Meet the Teacher night virtually via each student's Blackboard account. You will be able to view a message from our principal and then watch a short video introduction from each teacher. If you need additional information from a particular class/teacher, you can email the teacher with your specific questions and/or to schedule a time to meet.

If you are planning on attending in-person, we will have you follow your son/daughter's schedule for the evening. Your son/daughter can help you navigate the campus and show you their schedule online via PowerSchool. If you are unable to attend with your son/daughter, please be sure to have them share a copy of their schedule with you. We will follow the schedule below, including a 7-minute passing period between each class:

Period 1 – 5:00 to 5:15
Period 2 – 5:22 to 5:32
Period 2.5 - 5:39 to 5:49
Period 3 – 5:56 to 6:06
Period 4 – 6:13 to 6:23
Period 5 – 6:30 to 6:40
Period 6 – 6:47 to 6:57

We hope you have a wonderful evening meeting with our teachers. We are looking forward to meeting you.

Health Corner

Notes from our health office

While current legislation does not allow us to require vaccinations or the use of masks, the CDC currently recommends both vaccinating and wearing a mask to reduce the risk of COVID. You can learn more at: <https://www.cdc.gov/coronavirus/2019-ncov/communication/guidance.html>

There are many ways that we are helping to maintain a safe environment for in-person learning. You can learn more about our Safe Return to In-Person Instruction & Continuity of Services Plan at:

<https://www.cguhsd.org/doSafeReturnToInPersonInstruction.aspx>

Of course, if you are not feeling well, we encourage you to stay home and contact your son/daughter's teachers for any work missed.

CAN I SHORTEN MY QUARANTINE?

If you meet ALL of the following criteria you may be able to shorten your quarantine:

- You do NOT live in a congregate setting
- You have remained asymptomatic since your most recent COVID-19 exposure
- You monitor daily for 14 days after your most recent COVID-19 exposure
- You follow strict adherence to all recommended CDC guidelines (mask use, social distancing) for 14 days after most recent COVID-19 exposure

Quarantine at home for full 10 days → **No symptoms reported during all 10 days** → **QUARANTINE CAN END ON DAY 11**

Quarantine at home for full 7 days without symptoms → **COVID-19 PCR or antigen test is administered 5 full days after last known exposure AND is negative** → **QUARANTINE CAN END ON DAY 8**

- If you experience symptoms consistent with COVID-19, self-isolate immediately
- Seek a healthcare provider for COVID-19 testing
- If you test positive, follow CDC COVID-19 quarantine guidelines

Quarantine is NOT necessary for fully vaccinated people
When is someone considered fully vaccinated?
2 weeks after their second dose in 2 dose series (Pfizer or Moderna)
or
2 weeks after their single dose (Johnson & Johnson Janssen)

Source: Arizona Department of Health Services (2.12.21), CDC
PINAL COUNTY
PUBLIC HEALTH
In partnership with:
Mel & Enid Zuckerman College of Public Health