# The Spartan Shout

Vista Grande High's Student-Run Newspaper

# MARCH 8TH, 2024

Advisors, Mrs. Angela Weddle Ms. Lisa Borninkhof Editor-In-Chief, Anthony Amado Assistant Editor, Ava Pacheco Photos Editor, Angela Alfonso Sports Editor, Malinah Whatley Arts & Entertainment Editor, Peyton Salazar





#### Angel Rios

# **P.R.I.D.E. and Perseverance** Through loss, Wrestling forged ahead to state

#### By **AVA PACHECO** Asst. Editor

As we all know, P.R.I.D.E. is Vista Grande's mantra – an acronym meant to be demonstrated by the student body. Student-athletes, however, are held to a higher standard. They're also expected to persevere through trials and excel in all areas. Given this, I'd like to commend our wrestling team for their season: they have demonstrated everything our school stands for despite the testing hardships of trauma and loss.

On January 11, 2024, our beloved Alan Benitez tragically died in a dirt bike accident. When delivered news of his death, the team was in despair. Upon interviewing the team and coaches, a few things were obvious about Benitez: he was a fast learner – physically and mentally – helping him grow in both character and skills. At first, Benitez was a shy, yet respectful wallflower who felt he had to prove himself. However, his two seasons on the team had shown a dramatic change within Benitez. As assistant coach Joshua Dickey described, he became joyous, bright, hardworking, and a leader by example. "[Benitez] was the hardest working



kid in the room," Dickey recalls. "When I'd ask if he was tired after sprints, he'd smile and say, 'No, coach'. He may have been exhausted, but I would never know; he never showed he was hurt or tired, he would just keep going. Then he'd go and push himself even harder. He would then go and literally push his teammates to the finish line... The kid was so tough and didn't let anything bother him."

The team applied this methodology toward their attitude on progressing throughout the season towards state. Our Vista Grande Spartans entered with their heads held high, ready to beat the Desert Mountain Wolves and the Horizon Huskies. As they jogged into the gym, they began a gradual clap, pulling the entire crowd into a roar of applause. Going into the meet, Coach Dickey reminded his team to leave everything on the mat. All mistakes, all anger, everything that will negatively affect the players' performance. He tells them to be like a goldfish and have a 10-second memory. Upon asking, this is what Dickey calls the

#### Continued on page 4, "Wrestling"

suit, decorated with a House of Representatives lapel pin. Immediately charming the room, the Congressman recounted his time at Tucson's Rincon High, and how Rangers' athletics and clubs shaped his leadership.

# INSIDE



VOLUME 1, ISSUE 1

# Next Level <sup>Ma</sup> Spartans '24

Student-athletes celebrated at National Signing Day **Sports, Pg. 2** 



# Spartans honor seniors, clash with Buffaloes

Spartans take home sr. night win against Tempe Buffaloes **Sports, Pg. 2** 



Angela Alfonso

# Restoring Creativity in the Classroom

Angel Rios **Congress Visits Vista** U.S. Rep. Ciscomani speaks to **student leaders** By ANTHONY AMADO Editor-In-Chief Meetings with DC politicians are often scheduled last-

Meetings with DC politicians are often scheduled lastminute or off-the-cuff, which explains the email some students received on Thursday, February 22<sup>nd</sup> for a meeting with United States Congressman Juan Ciscomani happening the next day.

The fifty or so Spartans gathered in the Agora on Friday morning were happy to hear Mr. Danzy- briefing before the Congressman's arrival- say that Vista was being visited because of its notably good behavior.

Shortly thereafter, in walked Rep. Ciscomani, in his

His immediate appeal to the roomful of hodge-podge student leaders continued when he began describing his story as a Mexican immigrant- being the first Mexican-born citizen to be elected to the US House of Reps. from Arizona.

His first hard-hit point, that "it's not where you start, it's what you end up doing with what you're given", was hammered home by his description of his journey from Pima Community College to a prestigious public policy fellowship.

He further painted this picture with the goosebumpsinducing story of his father telling him that his presentday congressional office in Tucson is two blocks from where he and his father would wash cars to provide for their family in his youth. To this, he added his father's wisdom, "Stop daydreaming, get to work."

His answer to a question many Spartans had even after Mr. Danzy's honest flattery- 'Why Visit Vista?'- had a lot to do with our CGUHSD Superintendent, Mr. Lavender. Rep. Ciscomani recounted having met the then-Principal of Villago Middle through Fmr. Gov. Doug Ducey's office- for whom the Congressman

Continued on page 3, "Ciscomani"

Local artist gets sophomores thinking outside of the box Arts & Entertainment, Pg. 3



# Every Minute Counts

Lady Spartans defend home from Lady Devils Sports, Pg. 4



# Spartans honor seniors, clash with Tempe Buffaloes

#### By **BRENDAN HUNT** Sports Staff

Monday night the Spartans hosted the Tempe Buffaloes for their senior night. A game where fouls, missed shots, and even the crowd played a role in the Spartans victory. As a result of the physical game played by both teams, players fouled out and free throws were put up-directly impacting the result of the game, leading to a 63-59 triumph for the Spartans.

Going into the game, Coach Olson called this game "our Superbowl," putting emphasis on this matchup. The Spartans had played this team before and lost, so they were familiar with their opponents.

Before the game, we honored our seniors; David Fernandez, Darnell Castro, Leandro, and Darius Brown. Each of them walked with their chosen family and friends before the game and received gifts to honor them. We wish them the best and congratulate them on completing their senior season of basketball.

The game started with a fastpaced tempo and lots of shots being taken. Both teams showed consistent ball movement to get points on the board. Tempe, however, started off more aggressive, creating turnovers, and getting defensive rebounds. But, they had a hard time finishing on easy layups and dunks, leading to an early timeout called by their coach, swinging the momentum the Spartans way. Then fouls began to play a factor as both David Fernandez and Wade Eshom were sent to the line to shoot.

The Spartans continued to get Eshom the ball to run up the score, while Tempe relied on their perimeter shooting to take the lead, ending the first quarter with Tempe leading 18-17. Darnell Castro opened the second quarter with two successful three -point shots as the Spartans began to spread the ball out. They continued to play tough defense and move the ball, but lack of offensive rebounds led to Tempe holding onto the lead. Tempe still was not playing a consistent game as they continued to miss easy shots. Vista Grande's home crowd also became a factor as the stands got loud and had a clear effect on Tempe players, appearing to be flustered because of the intensity of the home crowd, leading to a stall just before the half. Tempe still held the lead going into the half, 36-29.

The Spartans came out of the half hot, closing in on Tempe's lead. Both teams continued to create turn overs and score off of them, running up the score. The Spartans continued to chase the lead as Tempe began to get more physical, sending Spartan shooters to the free throw line. As the game went on and tensions rose, the Spartans showed off their physicality and both Braedon Brown and Castro fouled out of the game. Eshom caught fire and managed to tie up the game. Then, Fernandez hit a crucial three to extend the lead.

The tensions were high, and Tempe was feeling it, leading to a scuffle between the refs and Tempe's head coach, giving the Spartans four free throws as a result of the technical. They made two of the four shots, making the score 60-56, Spartans leading. Tempe shortened the lead by 3 points with a big shot but would no longer score the rest of the night. Another made shot for the Spartans. The Spartans would score one more time on another round of free throws from a last resort foul from Tempe. Spartans win 63-59.

Eshom led in scoring with 36 points, coming through in crucial minutes. Following him was Castro and Fernandez.

Coach Olson "wanted to go out on a good note," and did just that with this thriller of a game.

The Spartans' last game was away against Dysart Thursday February 1st, and they finished the season 5-20.

# Lady Spartans banish Dysart Demons in fight for #1

By **PEYTON SALAZAR** A&E Editor



Boys Soccer held scoreless **vs. Tempe** By **BRENDAN HUNT** Sports Staff



#### Next Level Spartans '24 By MALINAH WHATLEY

Sports Editor

The morning of February  $7^{\rm th}$ , a ceremony was held for our senior athletes that were signing to their committed schools. The class of 2024 had 6 student athletes officially sign to their chosen schools. The room was full of proud and encouraging family members, coaches, teachers, fellow athletes, and our members from our administration.

Starting from our football team we had two athletes Darius Brown and Gabriel Brarrera. Gabriel played as the Vista Grande's center and completed his senior season with 14 pancake blocks. He committed to Manchester University. "Don't fret over relationships with friends or romance. Give everything, all of your focus on your sport and academics. Push for YOUR goals!", Gabriel left these words of advice for the younger athletes. His coach, Mr. Ramirez, left some words before he starts his journey, "We look forward to his future, as he is setting the standard for those that are younger than him".

Darius was an athlete that played on both sides of the ball for Vista Grande, but he signed as a safety for Rocky Mountain College. His senior season stats included, 799 all purpose yards and 47 total tackles. "Some coaches that had an impact on the person I am today are Ramirez, Hawkins, and Chis. Each of them pushed me to really stay focused on getting done what needed to be done for my game, so I can help OUR game." Darius had passion behind remembering those coaches who helped him get the spot he has at Rocky Mountain. Mr, Ramirez also spoke for him leaving the words, "He has been nothing short of a leader, as I am very proud of you, young man".

Departing from our Volleyball program we have miss Chelzie Downs, who signed to Ottawa University as an athlete. She played as an outside power hitter for Vista Grande dominating her senior season with 214 kills, 30 served points, 20 total blocks, and 97 digs. "Work hard, be a good teammate, and DON'T give up, especially when you feel like it". Chelzie has always been a model for her team and so she leaves a few words of encouragement behind. She also wanted to give an honorable shout out to coaches who have kept her going, "My dad and Coach Ferg were more than inspiration to me because they saw only potential in me and actually pushed me to become a better player". Mr. Downs, who is not only her father but also coached her as an athlete while she played basketball, gave his words of honor. "As a coach, it is great to see her stay active, as her father it is amazing to see her follow her dreams."

Coming from our Vista Grande Spiritline, miss Angel Stewart committed to Arizona Christian University to continue with the cheerleading business. Angel's noticeable skills during her senior season were her eye-catching jumps, along with her unmatched energy, the developed tumbling skills of a round off back handspring and standing back hand spring, and her strength as a secondary base. "Coaches Serina and Ferguson are coaches that have helped me shape my craft to what it is today because they saw something and me and never gave up to aways be there for me." Angel gave heartfelt mention about coaches that have had a great impact on her life. She also wanted to leave behind the motto she lives behind, "If you can dream it, you can be it!". "Angel has grown leaps and bounds, it is truly inspiring to watch her dedication, and only know that she will continue to shine brightly." Her coach Serina shared some words that embodied how proud she is of Angel.



Madelyn Hansen

Elise Rivera

One of the most important games for VG Lady Spartans basketball team was their rematch against the Dysart Demons, where back in December, our Lady Spartans fell into the fiery pit of the Demons' home court, losing 45-53. Today, they were seeking revenge in their fight for the number one spot in the region, looking to run through the Demons' fire, straight to the playoffs.

Rachel Wieting, Chelzie Downs, Stefanie Trantham, and Mia Powell were under a special spotlight tonight: their senior night, where the home bleachers were filled, their posters and signs hung on the wall, and flowers from family and friends showed the support they had for their last inseason game of their high school careers.

To start the game, Kyla Palmer and Keiarra For-

Continued on page 4, "Girls Basketball"

2

Monday night, the Spartans initially showed promise, taking on the Tempe Buffaloes, only to see the game slip away in a disappointing 8-0 defeat. Strong ball control and consistent movement led to the eventual margin between the two . Though it was a one-sided affair, there were plenty of good moments to hold onto for the future.

Senior Freddy Basulto, "knew it was going to be a challenge," saying, "they're a physical team." Tempe proved to be just that.

Early on, the Spartans demonstrated resilience, going toe-to-toe with the Buffaloes, keeping the score within one point. However, the turning point came towards the end of the first half, when the Buffaloes managed to capitalize on their opportunities, securing a lead that became insurmountable for the Spartans. The middle quickly

Continued on page 3, "Soccer"

Our last two seniors are from our Baseball program, Sebastian Hidrogo and Preston Abel. Their coach Mr. Grigg shared words for the both of them, "It will always be a pleasure to have seen them grow up to young men, I can only hope that they will be two great additions to society and to

# Arts & Entertainment

### Theatre goes all out for 'Anything Goes'

By SERGIO AGUILERA A&E Staff

Not holding anything back, Vista Grandes Theater is putting its all into producing a grandiose performance this spring. Directed by Mrs. Amy Harrison, our very own Thespian Society advisor, Anything Goes is a romcom set in the 1930s, a satirical take on the classist divides of the time. The story does not stop there- the narrative focuses on a love story between characters that eventually takes them on a cruise ship, the play's setting.

Looking to extend the theater program to what it was pre-pandemic, Mrs. Harrison has put in the effort to make this production memorable one. Mrs. Harrison has made great strides to make the play a school-wide effort, with a live orchestra, conducted by band teacher Mr. Florez, sound and stage design by VG's CTE stagecraft teacher, Mr. Harding, and choreography supported by dance teacher Ms. Dionne. This "collaborative effort," as Mrs. Harrison puts it, is a way to build a postpandemic community, as well as getting the word out there to build an audience.

What is an amazing play without equally as amazing actors to perform it? In Harrison's eyes, and those of the cast, they're excited to see roles filled by amazing team members. For many, this is the first time they will be preforming a musical, but don't let that waver your thoughts. Coming to the show as Senior, actor Neveah Stafford says, "We have such an amazing cast ... and they have such strong vocals to boot." Arwin Cordts added, "This may be our biggest show yet." Freshmen actor Marlye Mae affirms, "From what the tech crew have built, to the practice we have put in, it's going to be an amazing show" Marina Somonallia adding on, "There is a lot of chaos, but good chaos!" With production value set on high, actors reviewing their lines to perfection, and a story worth watching, all in all it would be a shame to miss out on a production of such a scale. Don't miss out on this amazing show!

# **Restoring Creativity in the Classroom**

By **PEYTON SALAZAR** A&E Editor



"When you are kids, everybody has creativity, but as you grow, I'd like to say they beat the creativity out of you. Because they tell you that your ideas are wrong or they tell you that that's not the way that the world works," Erica Herman describes the evolution of creativity in life to Mrs. Weddle's Sophomore English class. She believes that creativity is not having an artistic talent, it is not only in your DNA, it isn't impossible to learn, nor is it restricted to one area of life. To help students better understand this, she plans to guide them through the process of becoming a creative thinker, thanks to a grant funded by the City of Casa Grande. Erica Herman was an art teacher for twenty-five years and was at Casa Grande Middle School for ten years, but she's been creating art for even longer. As Mrs. Weddle pointed out, in Erica's artwork Erica, you can see how incredible of an artist she is. You can see this even more in the way she utilizes different resources, and by the way she can turn a picture of a dog into a masterpiece of a painting. Erica Herman also sees herself as a creative thinker because "growing up in a

time where my mom didn't believe in video games or watching TV made me more of a creative person. I've always been artistic too, so I think that helps to be creative, but like I said, you don't need to be artistic to be creative."

Erica plans to come to Mrs. Weddle's Sophomore English class for a workshop every Friday in to discuss how they can become creative thinkers. "I just think that as you guys get older and go out into the workforce or to college, [creativity] is a great skill to have because it's going to give you a leg up, opposed to someone who is not thinking creatively." Teaching students how to be a creative thinker now will help them throughout the rest of their lives, because it is a skill that a lot of people might not have.

Angela Alfonso

ty is combination, which is using old ideas to come up with new ones.

With each of these types of creativity, she has the class make something out of different shapes to show the difference between each of them. However, to make it harder, she has them list what most people would do, and they must choose something else to draw. This is a way that students can use their creativity without being told what to do, while also limiting them in a way that will be challenging, rather than just choosing the most obvious thing to draw. Tasked with creating something from a square, students ranged from drawing SpongeBob SquarePants to drawing a dinosaur. The workshop delved into how vou can be a creative thinker and think outside of the box, while not having to be a single bit of an artist. Erica Herman did an amazing job showing the difference between the two, and hopefully, the students will stop believing in the common stereotypes associated with creativity and start recognizing the difference between them, just like Erica has.

# Winter Band starts

#### season

By SERGIO AGUILERA A&E Staff

As the flowers begin to bloom Color Guard and Winter Percussion have gone in full swing as they anticipate a great season against their competitors. Changing up the game from last season, Winter Percussion is filled with excitement for what they have in store. Being Coordinated by our very own Band Teacher Adan Florez, percussionist Harlee Sanchez has gone on record stating that they are looking forward to many wins with an addition of more choreography put into their performances to captivate the audience. That's not all as additional member Derick Gonzalas goes on about saying that this year, they are looking forward to attempting something that has not been done before in his generation of band in order to seep the message into their competitors that this is Vista Grande! Although not stating what specifically he's rest assured that viewers would not be disappointed once they attend their performance. All in all, it is exciting to see our Winter Percussion get ready for another stunning season; but that's not where the excitement ends.

Not to be outdone, Color Guard has also planned to entice the crowd with their very own tricks. Prepared to add sabers to the act; not to be mistaken by light sabers, they have been working hard to incorporate these curved swords into their routines. As Alejandra Alcala who is part of color guard puts it, "We're hoping to get an award and first place."

Such an exciting season we have ahead of us! Let's go Spartans!

# Ciscomani cont'd

used to work. He said, "He liked me, and I liked him! Now, he's in his position, and I'm in mine. I wanted to visit a high school, so I asked him, and he said this was the place."

Inspired by an audience question, Mr. Ciscomani launched into his other main point: take one step at a time to make real change. He emphasized to focus on the step right in front of you, quipping back at Senior Rachel Wieting's ask of "What's your next step?" with, "I'm going to cut the ribbon at the new hospital in Eloy!"

The Congressman was able to do something few people can: appeal to teenagers. He concluded with his own thoughts on drive and productivity, citing the old adage, 'Live like you're going to die tommorow, dream like you're going to live forever".

# Soccer cont'd

became Buffalo territory-as the Spartans couldn't break the Buffaloes physical defense.

Despite Spartans' initial efforts, the Buffaloes capitalized, as the first half ended, leaving Spartans playing catch-up in the second half. The once close game slipped away. Tempe's dominance became more pronounced as the game went on.

She operates her workshop by giving the students different shapes to turn into something, while explaining the different types of creativity. The first one is exploratory, meaning generating new ideas within a parameter. The second is transformational, meaning ignoring fundamental rules to come up with potentially impossible but creative ideas. Finally, the third type of creativiThe Spartans struggled to regain their footing, and the Buffaloes capitalized on the momentum shifts, scoring goals and sealing the game, highlighting how quickly the game can change. The Spartans had a few breaks where they managed to flip the field, but the Buffaloes quickly regained footing, and got back into Spartans' territory.

In games like this, you have to focus on what you can control. Coach Villa emphasizes, "sticking to the one 'mini-goal' we always have at the beginning of the game," shifting focus from the scoreboard when the game gets out of hand.

While the scoreboard tells a story of dominance, it's important to recognize moments of resilience from the Spartans and their initial efforts to challenge the Buffaloes. Soccer, like any sport, is a dynamic experience where the game can shift at any time. There may've been setbacks, but the lessons learned from this match will play an integral role in the development of the players, coaches and the program as a whole.

# Every Minute Counts, girls soccer takes what's theirs

#### By MALINAH WHATLEY Sports Editor

For both teams, this matchup was more than just a game. For the Vista Grande Spartans, it was their scheduled Senior Night. As for the Dysart Devils, they were fighting to stay first in the region. Going into the game, every movement was particular on each sidewhich enhanced the tension on the field. Dysart showed why they were first in the region and took control of the momentum scoring the first goal off a corner kickmaking the score 0-1, Dysart. The Spartans did not let that affect their fighting spirit nor their desire to take this game. 13 minutes before half time both teams kept up a hard fight, but the Spartans stayed aggressive enough to force a goal through the Dysart defense- making the score 1-1.

Halftime comes, the girls are ecstatic with the score being headto-head, but keeping their mindsets as fierce as possible. Coaches made decisions on line-ups and subs, while giving pep talks to their teams before sending them out to a battle no one foresaw. As half time ends, both teams head to the field with hopes that they can use the 40 minutes to pull a lead and take this game home.

To understand why this game was such an intense one, you needed to have been there. Neither of the teams expected to have their game unfinished in 80 minutes. The second half ended with the score still 1-1. Throwing this match into overtime would consist of two 20-minute halves. During the second break, each team had to face themselves and prepare for the physical and mental strain overtime would bring upon each player. Nonetheless, they stepped back onto the field and continued to compete.

The first 20-minute half was up and neither team had stolen the lead yet. The referees- getting as tired as the players- let some sloppy calls through, but neither team let that affect their game. Underdogs, the Spartans were completely holding and attacking with the same intensity as the reigning region champions. Finally, it came down to the last 3

The first 20-minute half was up and neither team had stolen the lead yet. The referees- getting as tired as the players-let some sloppy calls through, but neither team let that affect their game. Underdogs, the Spartans were completely holding and attacking with the same intensity as the reigning region champions. Finally, it came down to the last 3 minutes of the game. The score was still 1-1, sloppy plays, sloppy calls, and yet all it took was for one team to want it more. The Spartans held possession in the Demons' range of field. A corner kick is called for, every girl in a position hoping to attack this ball with their own purpose. The play rolls, the ball is over-kicked by the Spartans, but then saved from going out of bounds into an assist for the Spartans. At 01:09, a Spartan senior kicks off the rebound scoring the winning goal for the game, making the score 2-1 in favor of the Spartans. There was still time on the clock, and the Spartans kept their defense up, running the clock down ending in a celebration. The game ends with the Lady Spartans winning, being named as the runner-

# Spartan Soccer keeps it close for Senior Night

#### By BRENDAN HUNT Sports Staff

Friday night, the Spartans played their hearts out in what would be a bittersweet farewell to the seniors. The soccer clash against the Marcos De Niza Padres unfolded to be a closely contested battle that would ultimately result in a 3-0 defeat for the Spartans in their last game of the season.

Before the game we honored our seniors. Allowing players, parents, and coaches to reflect on the young men honored. Emotions were high as they knew they were about to take the field for maybe the last time. We wish them the best and congratulate them on completing this long soccer season.

From the kickoff, both teams showed determination, making it clear that this would be a battle. The Spartans-especially the seniors bidding farewell-poured their emotions into every play, creating an exciting atmosphere. This was a game where emotions were raised resulting in arguments between players, and even the referees intervening, leading to multiple penalty kicks on both sides.

The score remained somewhat close throughout the game, with the Padres managing to hold ontoand slowly adding onto their lead. The Spartans, propelled by the energy of senior night, fought tirelessly to level the playing field, but unfortunately were never able to capitalize.

After constant back and forth the physicality finally paid off for the Padres towards the end of the half when they managed to go up 2-0. Both teams did a good job managing the ball, however the Padres were able to slow the game down when they needed to in order to regroup and attack. Then, in the second half, there was a stall between the two teams until the Padres put up one more goal, making it 3-0.

The Spartans did not go down without a fight. They were constantly moving the ball past the Padres defense and combatting them on their side. Unfortunately, there were just no points to show for it, making the match seem much more marginal than it was.

First year Coach Villa was satisfied with his season, saying he was happy with, "everything I learned in terms of what it takes to run a team in the high school level," mentioning factors such as, "boys being scholars first" and focusing on the little things. The Spartans ended their season 5-12-1. A promising start from a first-year head Coach, taking this program in the right direction.

"Always tell yourself that you're lucky to be playing soccer in high school, some people don't get the opportunity to be doing that."

## "Situationships N' Such" By Holly St. Clair News Staff

Situationships are just that-a situation. A healthy talking stage would include commitment, communication, and honesty. A situationship is a talking stage that essentially disregards the primary aspects of a healthy relationship. The lack of honesty from person A almost always results in person B getting hurt. Person A usually strings along person B, most likely because of the attention that they continue to receive. One party may sprinkle seeds of romance while refusing to establish intention or feelings, leaving the other party doubting and trying to guess what the relationship really is.

It's essential to recognize that a situationship is a red flag in and of itself. However, if you find yourself wondering whether you're in one, here are some signs to look out for: mixed signals, an unbalanced amount of effort, brief and dry conversations, responses instead of engaging conversations. the relationship being kept a secret, engaging in couple's activities only to ignore the significance, and being stuck in a prolonged talking stage. If any of these signs resonate, it's probably time to face the reality that it's probably not going to happen. Block that person and find someone who values you and respects your time, or just take some time to focus on your amazing self!

# Girls Basketball cont'd

Forney went head-to-head for the tip-off, with the Spartans winning, marking the start of the fall of the Demons. Dysart moves to score the first two points of the game, until Palmer ties the game up a minute later, and goes on to score the next six points, starting out the Spartan's first - but certainly not last – lead of the night.

The Spartans kept their lead throughout, ending the first quarter at 19-8. Mia Powell, with a cut down low around the five minute thirty second mark of the second quarter, extends the Spartans lead to 21-13. By the end of the first half, the Spartans continued with their lead, ending it at 25-18, when Powell assists Victoria Fallon with two points and scores two points herself.

To start the third quarter, Rachel Wieting fights for the ball to get a rebound for the Spartans where they then continue to keep the lead, ending the third quarter up by twelve, making the game 36-25. In the last minutes of the game, the Dysart Demons point guard, Jeanny Herrera, made several shots to bring her team to a five-point deficit, the closest the game had been since the start of the first quarter. However, the Spartans scored seven consecutive points, with shots from Palmer, Trantham, Downs, and Fallon.

To end the game, Chelzie Downs decided to make a deep shot in the last few seconds, and to no one's surprise, gets the three pointer, making the final score 55-40. At the special night for our seniors, Stefanie Trantham had a double-double with thirteen points and ten rebounds, and Chelzie Downs added thirteen points to the Spartans score with Mia Powell adding ten, while Rachel Wieting carried three rebounds and one steal.

This marks Vista Grande's Girls Basketball Team's nineth consecutive win of the season and most wins in school history. Head Coach Ryan Barrett had many amazing things to say about the basketball teams season after returning to the court after the team gave him a 'Gatorade shower,' "They had so many things they were dealing with as a team, just missing players in certain games and overall, we had a chance tonight to come in and play for a playoff spot – hopefully we get it - we came out and played 100 percent tonight and I'm very proud of this team and how they handled it, all the situations that we came through this year and if this is the last game, I'm happy to end like that."

# Wrestling cont'd

the "Ted Lasso" approach, named after the famous fictional soccer coach from the hit Apple TV show of the same name. He feels that, in the end, pressuring his team would be detrimental to their performance.

Since there were three teams present at the meet, Vista had to wrestle them individually. The first matches again Desert Mountain were incredible! With a total of five wins and forfeits, the team was unstoppable. All up until senior Jose Farias, weighing in at 215 pounds, did not properly dress out to claim his forfeit, resulting in a loss of two points for the team. From there, the meet went downhill. Vista's matches against Horizon resulted in many losses for our team. Honestly, even though they were fatigued, the Spartans put up quite a fight. The final score for the night were 32 for 24 for Vista versus Desert Mountain; Vista ver-

sus Horizon ended 30 and 36. Even though Vista lost, this was a proving night for our Spartans.

"It's amazing to see them push through," head coach Martin Lopez claimed. "From witnessing a seizure, to one of their close friend's deaths, the team has really shown strength. It's great to see how far each member has come, especially these seniors. I really hope they just go out there and give it their all." And give it their all they did. Senior and captain Darrien Ruiz-Dubay completely agreed, "I didn't really care if I won or lost. I just had to give it my all since it's the last meet before state. My win was pretty nice even though it wasn't my best. I was proud of my loss though. I tried my hardest and I will try harder for sectionals." The team collectively agreed that in order to qualify for sectionals, a lot of work must be done. But they have confidence they will succeed, if not for themselves then for Alan.

# Have something to say?

Send in a letter to the editor of your opinion about any school or community topic. Letters will be reviewed by the Editorial Board before being printed in the next issue of The Shout

Send letters to 20259007@cguhsd.org