



VISTA GRANDE  
HIGH SCHOOL

# SUICIDE AWARENESS WALK

**DATE:** Saturday, November 16th 2024

**TIME:** 10am - 12pm

**LOCATION:** VGHS Track/Football Field

## Event Highlights



**OPEN TO ALL STUDENTS, FAMILIES  
AND STAFF**



**WEAR YELLOW, TEAL AND PURPLE TO  
SHOW YOUR SUPPORT FOR SUICIDE  
PREVENTION**



**BRING SIGNS WITH MESSAGES OF  
HOPE AND SUPPORT**



**WALK TOGETHER, SHARE STORIES,  
AND CREATE CONNECTIONS**



JOIN US TO  
RAISE AWARENESS &  
SUPPORT MENTAL HEALTH

We invite you to walk with us to honor those affected by suicide and to stand together for prevention and mental well-being. Your presence can make a difference!

## WHY WE WALK

Suicide affects individuals, families, and communities. By walking, we show support, encourage conversation, and break the stigma around mental health. Let's raise awareness and save lives—together.

## SUPPORT THE CAUSE

We are collecting cash donations to benefit Suicide Awareness. Your generous contributions will help fund vital resources and support programs for those in need.

Bring your cash donations on the day of the event.

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SUPPORT EACH OTHER.  
SAVE LIVES.**

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