

The Weekly Dish



Message from Mr. Danzy

Greetings Vista Grande Family,

The 2022-2023 school year is upon us. It has started out a bit hectic and we have survived the challenges and you our Vista Grande Family have been patient with us and have allowed us to continue moving forward. We appreciate that and thank you for it. It is always great to have our students back on campus. It fills our cups and makes us happy, thank you for allowing us to serve you and your children.

Announcements:

- Vista Grande will host registration by appointment. If you have not registered your student please schedule and appointment with Jetcel Rodriquez at jrodriguez@cguhsd.org
- Meet the teacher night will be held Thursday, August 4th, from 5-7 p.m.
- If your child is interested in fall sports, please have them contact the athletic department for information. Football, Cross Country, Cheer and Volleyball are currently holding practicing and having tryouts.
- If your child needs to meet with their counselor their names and emails are listed below. Please have them schedule an appointment with them.:
 - 9th Grade-Victoria Belloc, vbelloc@cguhsd.org
 - 10th Grade-Amy Faulk, afaulk@cguhsd.org
 - 11th Grade-Cara Osmer, cosmer@cguhsd.org
 - 12th Grade-Jovahn Del Cid, jdelcid@cguhsd.org

Let's have a most magnificent school year.

What's Cookin' Mr. Danzy?

Fried Pork Chops

Ingredients:

- Pork Chops
- All Purpose Flour
- 3-4 Cups Peanut or Vegetable Oil
- Seasoning Salt
- Cajun Seasoning
- Black Pepper
- Garlic Powder

Directions:

- Clean the meat.
- Season with the above seasonings
- Pour oil into a cast iron skillet heat to 375 degrees
- Season flour with the seasonings.
- Dredge the pork chops in the flour mixture.
- Fry to golden and crispy
- Let cool and enjoy

Staff Highlight:

Sheila Rodriquez

Employee Spotlights: Sheila has been an employee/family member of Vista Grande High School for a number of years. Sheila steps up and shows out every single day. She has a very difficult job and she makes it look easy! Keep up the great work!!

Student Highlight:

Erin Swift

Swift is an outstanding student that has gone above and beyond. She is an asset to Vista and will do great things in her future.

