

13th Annual



VISTA GRANDE HIGH SCHOOL 
5K RUN/WALK!

SATURDAY MARCH 16TH, 2024

Presented by:



WEAR YOUR FAVORITE GREEN ATTIRE

Sponsored by:



ALL PROCEEDS SUPPORT THE VISTA GRANDE HIGH SCHOOL CROSS COUNTRY TEAM AND THESMILEZONE DENTAL OUTREACH PROGRAM. BOTH NON-PROFIT AND TAX DEDUCTABLE!

DATE, VENUE & TIMES:

Saturday March 16, 2024 @ VGHS TRACK FIELD – 1556 N Arizola Rd, CG, AZ 85122

★ **THESMILEZOOM (FUN 400 METER) NEW – AGES 2 to 11 years of age – START TIME @ 8AM** ★

VGHS 5K Run/ Walk FOR ALL AGES, STARTS immediately after THESMILEZOOM (Around 9AM)

REGISTRATION

- * \$10.00 -- THESMILEZOOM (400m) -- children 2 to 12 (Includes a Goodie Bag w/ fun items 4 children & a ZOOM t-shirt)
- * FREE -- VGHS 5K -- Children 12 and under (NO RACE T-SHIRT, NO GOODIE BAG, NO BIB #. You may purchase one for \$10.00)
- * \$10 -- CGUHSD -- Student participation (Includes a goodie bag. NO RACE T-SHIRT. You may purchase one for \$10.00)
- * \$30 -- General Public
- * \$25 -- CGUHSD Teacher & Staff
- * \$20 -- Senior (60+) \$15.00
- * \$50 -- Buddy Discount \$50.00 (must Sign up & pay together \$25ea)

** T-Shirts, sizes and Goodie Bags are distributed by order of registration and availability **

PACKET PICKUP INFORMATION:

Location: Super Smiles 4 Families – 1295 E Florence Blvd Ste 4, Casa Grande, AZ 85122
Date: March 8, 2023 & March 15, 2024 from 5pm-6:30pm



Questions, please contact:

Mrs. Cristina Salcido-Grigg - csalcido@cguhsd.org - 480-262-6077
Mrs. _____

ACKNOWLEDGEMENT OF RISK, RELEASE OF LIABILITY AND AGREEMENT WAIVER

In the event of injury, medical costs must be paid by the participant. Entry will not be accepted unless release and waiver are signed. In consideration of being allowed to participate in the 13th Annual Vista Grande 5k Run/Walk and related events and activities, the undersigned appreciates, acknowledges, and agrees that: 1. there are risks of injury from participating in the activities involved in this program of events, including the potential for paralysis, disability or even death. **I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS** (known or unknown, present or future, direct or consequential, and whether physical, psychological, social, economic or otherwise, and including all treatment, hospitalization and other care rendered to me in the event of my illness, injury or emergent circumstances in connection with my participation in this program of events), **EVEN IF ARISING FROM NEGLIGENCE OF THE RELEASEES** or others, and I assume all responsibility for my participation and all such risks. 2. I willingly agree to comply with the stated and customary terms and conditions for participation in this program of events. If I observe any unusual significant hazard during my participation, I will remove myself from participation and immediately bring such to the attention of the nearest official. 3. I, for myself and on behalf of my heirs, assigns, personal representative and next of kin, **HEREBY RELEASE AND HOLD HARMLESS** Vista Grande 5k run/walk, their directors, officers, employees, officials, committee members, volunteers and agents, **THESMILEZONE**, the city of Casa Grande, Pinal County, other participants, organizing and sponsoring agencies, sponsors and advertisers, and, if applicable, owners and lessors of premises used to conduct the program of Events ("Releases"), **WITH RESPECT TO ANY AND ALL INJURY, PARALYSIS, DISABILITY OR DEATH**, And all liabilities, losses, damages, claims and causes of action (including attorney's fees) of any nature, incurred, suffered or associated with my participation in this program of events, **WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE**. 4. I give my permission to the event organizers for the free use of my name, likeness and/or pictures for use in broadcasts, telecasts, newspaper, etc., for the promotion of this program of events. 5. I will follow and abide by the rules, policies, and code of conduct of Vista Grande 5k Run/Walk. **I HAVE READ THIS ASSUMPTION OF RISK, WAIVER AND RELEASE AGREEMENT, FULLY UNDERSTAND ITS TERMS AND SIGN IT VOLUNTARILY WITHOUT ANY INDUCEMENT.**

Please read waiver and sign here: _____
Participant Signature Date

FOR PARTICIPANTS UNDER AGE 18 AT TIME OF REGISTRATION

I, as parent/guardian with legal responsibility for this participant, consent and agree to his/her assumption of risk, waiver and release as provided above, and for myself, my heirs, assigns and next of kin, release and agree to indemnify the Releases from any and all liabilities, losses, damages, claims and causes of action (including attorney's fees) incident to my minor child's involvement or participation in the events as provided above, even if arising from the negligence of Releases. I understand every effort will be made to contact me in the event of an emergency requiring medical attention for my child. However, if I cannot be reached, I authorize the Vista Grande 5k Run/Walk and their personnel, to call an ambulance or transport my child to the nearest medical care facility and secure emergency medical treatment, including hospitalization, injections, anesthesia or surgery.

Participant Parent/Guardian Signature Date

PRINT Participant Name: _____

School Name: _____ School ID # _____

Cell phone: (_____) _____ Email: _____

Circle your 5K TSHIRT SIZE *(With Paid Registration Only):*

THESMILEZOOM *(This is one size fits all)* Adult Small

Adult Medium Adult Large Adult XL Adult XXL

TSHIRTS & SIZES are LIMITED – Size distributed by order of registration and Availability.

Circle Sex & Age Category

	Male	Female		
12 & Under	13-25	26-46	47-59	60+

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**** Please note ** Credit card payments will be run during normal business hours and listed on your statement as TheSmileZone or Super Smiles 4 Kids, LLC. Please call 520-568-3828 with any questions regarding electronic payments.**

BIB #

Paid \$ _____ Date _____

Cash Check Credit Card

VGHS TheSmileZone

