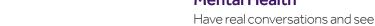


# Virtual care that makes healthier possible

Access your healthcare by phone, video or app.



progress with a therapist or psychiatrist of your choice. Available 7 days a week from the privacy of your own home.

## Mental Health Dermatology

Start an online skin review with a dermatologist by uploading images and details of your concern. Get a treatment plan and prescription if needed in 24 hours or less.



Need care for non-urgent and common conditions? Get a same-day appointment with a certified clinician from wherever you are.

### **Expert Medical Opinion**

Need a second opinion? Get assurance and advice on a diagnosis, treatment or surgery from leading experts in over 450 specialties.

## Digital Physical Therapy

Overcome pain from home, in partnership with Sword Health, through a custom plan from a physical therapist and personalized content.

#### **Nutrition**

Members work directly with registered dietitians who assess clinical nutrition needs and develop personalized programs including custom meal plans and shopping guides

## Set up your account or log in to schedule a visit

Visit HealthiestYou.com | Call 1-866-703-1259 | Download the app **₡** | **♣** 



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