healthiestyou™
By Teladoc

Virtual care that makes healthier possible

Access your healthcare by phone, video or app.

General Medical (24/7 Care)
Need care for non-urgent and common conditions? Get a same-day appointment with a certified clinician from wherever you are.

Mental Health
Have real conversations and see progress with a therapist or psychiatrist of your choice. Available 7 days a week from the privacy of your own home.

Dermatology
Start an online skin review with a dermatologist by uploading images and details of your concern. Get a treatment plan and prescription if needed in 24 hours or less.

Expert Medical Opinion
Need a second opinion? Get assurance and advice on a diagnosis, treatment or surgery from leading experts in over 450 specialties.

Digital Physical Therapy
Overcome pain from home, in partnership with Sword Health, through a custom plan from a physical therapist and personalized content.

Nutrition
Members work directly with registered dietitians who assess clinical nutrition needs and develop personalized programs including custom meal plans and shopping guides

Set up your account or log in to schedule a visit

Visit HealthiestYou.com | Call 1-866-703-1259 | Download the app |